

Pos	Name	Race No	Time	Category	Categ Pos	Gender	Gender Pos	Run1	T1	Cycle	T2	Run2
1	James Graham	138	00:53:44	From 35 to 39	1	Male	1	00:10:18	00:00:32	00:30:12	00:00:46	00:11:57
2	Kieran Regan	187	00:54:41	From 35 to 39	2	Male	2	00:10:18	00:00:43	00:30:27	00:00:54	00:12:19
3	Luke McMullan	107	00:55:23	From 35 to 39	3	Male	3	00:10:03	00:00:37	00:32:29	00:00:47	00:11:27
4	Ben Butler	181	00:56:05	From 30 to 34	1	Male	4	00:10:32	00:00:49	00:31:26	00:00:56	00:12:21
5	Eoin Farrell	116	00:56:40	From 30 to 34	2	Male	5	00:11:17	00:00:42	00:31:33	00:00:53	00:12:14
6	John Jackson	131	00:56:54	From 35 to 39	4	Male	6	00:10:18	00:00:44	00:33:00	00:00:56	00:11:56
7	Fergus Crilly	125	00:57:21	From 25 to 29	1	Male	7	00:10:31	00:00:36	00:33:16	00:00:54	00:12:03
8	Emmet Kelly	140	00:57:44	From 40 to 44	1	Male	8	00:10:53	00:00:44	00:32:35	00:01:03	00:12:30
9	Ryan Lundy	163	00:57:46	From 18 to 19	1	Male	9	00:11:12	00:00:53	00:31:35	00:00:55	00:13:12
10	Tim Murphy	164	00:57:51	From 35 to 39	5	Male	10	00:10:21	00:01:06	00:33:18	00:01:30	00:11:36
11	Gary Condell	170	00:58:03	From 30 to 34	3	Male	11	00:11:02	00:00:40	00:32:47	00:00:59	00:12:35
12	Ernest Asensio Blasco	186	00:58:12	From 50 to 54	1	Male	12	00:10:57	00:00:31	00:34:02	00:00:43	00:11:59
13	Tim O'brien	137	00:58:28	From 35 to 39	6	Male	13	00:11:07	00:00:45	00:33:11	00:00:54	00:12:30
14	Isaac Kerr	129	00:59:13	From 25 to 29	2	Male	14	00:10:17	00:00:46	00:34:51	00:01:25	00:11:55
15	Jamie McMahan	217	01:00:12	From 30 to 34	4	Male	15	00:11:44	00:00:46	00:33:26	00:00:58	00:13:17
16	Alan Gibson	121	01:00:15	From 45 to 49	1	Male	16	00:11:02	00:00:47	00:34:14	00:01:15	00:12:56
17	William Byrne	182	01:00:25	From 50 to 54	2	Male	17	00:11:40	00:00:43	00:33:43	00:01:08	00:13:12
18	David Gibbons	184	01:00:33	From 35 to 39	7	Male	18	00:11:10	00:00:54	00:34:26	00:01:28	00:12:35
19	Tony Pryce	110	01:00:44	From 40 to 44	2	Male	19	00:11:11	00:00:42	00:34:17	00:01:07	00:13:27
20	Ciarán Reynolds	226	01:00:56	From 30 to 34	5	Male	20	00:11:40	00:00:51	00:33:55	00:01:07	00:13:23
21	Deaglan O'hagan	168	01:01:04	From 40 to 44	3	Male	21	00:11:56	00:00:47	00:33:42	00:01:13	00:13:25
22	Francis Yates	188	01:01:10	From 30 to 34	6	Male	22	00:11:07	00:01:00	00:33:59	00:01:40	00:13:24
23	Conor Mcgrane	147	01:01:21	From 18 to 19	2	Male	23	00:10:40	00:00:33	00:36:56	00:00:54	00:12:19
24	Simon Befort	142	01:01:26	From 35 to 39	8	Male	24	00:11:36	00:00:56	00:34:08	00:01:27	00:13:19
25	Rob Dwyer	103	01:01:27	From 35 to 39	9	Male	25	00:11:12	00:00:45	00:34:31	00:01:08	00:13:51
26	Owen Ingarfield	134	01:01:40	From 40 to 44	4	Male	26	00:11:50	00:00:44	00:35:04	00:00:56	00:13:06
27	Niall O'reilly	133	01:02:00	From 40 to 44	5	Male	27	00:11:09	00:00:53	00:36:02	00:01:03	00:12:54
28	Brendan Buck	169	01:02:04	From 50 to 54	3	Male	28	00:12:04	00:00:40	00:34:23	00:00:58	00:13:59
29	Lee Woods	124	01:02:11	From 40 to 44	6	Male	29	00:11:58	00:01:07	00:34:44	00:01:14	00:13:08
30	Barry Donnelly	160	01:02:39	From 45 to 49	1	Male	30	00:12:13	00:01:06	00:34:28	00:01:05	00:13:47

31 Ray Mcnamara	223	01:02:48	From 40 to 44	7 Male	31	00:11:27	00:00:36	00:37:00	00:00:45	00:13:01
32 Gaetan Bolle	215	01:03:20	From 35 to 39	10 Male	32	00:11:52	00:01:26	00:35:11	00:01:35	00:13:16
33 Yoan Gandin	149	01:03:21	From 35 to 39	11 Male	33	00:12:31	00:01:11	00:34:38	00:01:03	00:13:57
34 Thomas Lalor	165	01:03:49	From 35 to 39	12 Male	34	00:11:22	00:00:55	00:37:12	00:00:56	00:13:23
35 Brendan Mollohan	206	01:04:14	From 35 to 39	13 Male	35	00:12:14	00:01:03	00:34:41	00:01:13	00:15:04
36 Toby Carty	104	01:04:20	From 45 to 49	2 Male	36	00:12:16	00:00:55	00:36:02	00:01:22	00:13:45
37 Alex Sargent	143	01:04:35	From 20 to 24	1 Male	37	00:11:26	00:00:49	00:36:47	00:00:54	00:14:39
38 Liam Sheridan	175	01:04:41	From 25 to 29	3 Male	38	00:12:06	00:01:13	00:36:30	00:01:16	00:13:36
39 Paul Flood	144	01:04:43	From 40 to 44	8 Male	39	00:12:12	00:01:04	00:36:26	00:01:05	00:13:57
40 Aine Kinsella	183	01:05:15	From 30 to 34	1 Female	1	00:12:38	00:00:49	00:36:32	00:00:56	00:14:20
41 Eric Clonan	151	01:05:17	From 30 to 34	7 Male	40	00:11:49	00:01:00	00:37:14	00:01:37	00:13:37
42 Christy Maloney	197	01:05:50	From 55 to 59	1 Male	41	00:12:19	00:00:54	00:37:31	00:01:07	00:13:59
43 Brian Cunningham	205	01:06:33	From 60 to 64	1 Male	42	00:12:43	00:01:47	00:35:40	00:01:44	00:14:39
44 Mark Dunne	150	01:06:36	From 40 to 44	9 Male	43	00:13:03	00:00:52	00:35:58	00:01:13	00:15:30
45 John Blake	146	01:06:46	From 45 to 49	3 Male	44	00:13:03	00:00:52	00:35:53	00:01:12	00:15:46
46 Damien Donoghue	115	01:07:00	From 40 to 44	10 Male	45	00:12:23	00:01:15	00:37:29	00:01:25	00:14:28
47 Leonie Dolan	135	01:07:06	From 35 to 39	1 Female	2	00:12:43	00:00:55	00:37:42	00:01:05	00:14:40
48 Cian O'connor	213	01:07:44	From 18 to 19	3 Male	46	00:12:21	00:00:37	00:39:47	00:01:08	00:13:52
49 Cian Connolly	112	01:08:15	From 20 to 24	2 Male	47	00:11:02	00:00:44	00:00:08	00:43:22	00:13:00
50 Aoife Mulry	199	01:08:19	From 25 to 29	1 Female	3	00:13:01	00:00:48	00:38:37	00:01:05	00:14:48
51 Paul Naughton	113	01:08:22	From 55 to 59	2 Male	48	00:13:31	00:01:02	00:37:45	00:01:15	00:14:49
52 Cian Murray	158	01:08:24	From 18 to 19	4 Male	49	00:10:46	00:01:15	00:43:19	00:01:06	00:11:58
53 Susan Hickey	141	01:08:33	From 35 to 39	2 Female	4	00:13:14	00:00:54	00:38:25	00:01:16	00:14:44
54 Cillian Kirk	114	01:08:44	From 18 to 19	5 Male	50	00:12:26	00:00:52	00:40:17	00:01:01	00:14:09
55 Aisling Coppinger	174	01:08:56	From 50 to 54	1 Female	5	00:12:44	00:01:10	00:39:10	00:01:03	00:14:50
56 Declan Kelly	128	01:09:01	From 40 to 44	11 Male	51	00:12:12	00:01:09	00:40:15	00:01:20	00:14:04
57 Geraldine Leete	148	01:09:18	From 50 to 54	2 Female	6	00:12:14	00:00:41	00:40:39	00:01:08	00:14:35
58 Carlos Comendador Vidal	190	01:09:20	From 30 to 34	8 Male	52	00:12:05	00:00:52	00:41:25	00:00:47	00:14:12
59 Conor Heffernan	171	01:09:28	From 30 to 34	9 Male	53	00:13:40	00:01:04	00:37:46	00:01:37	00:15:21
60 Niall Mcdermott	203	01:09:33	From 35 to 39	14 Male	54	00:13:51	00:01:19	00:37:01	00:01:16	00:16:06
61 Evan Balfe	185	01:10:04	From 30 to 34	10 Male	55	00:12:10	00:00:49	00:42:07	00:01:07	00:13:51

62 Raymond Boyne	222	01:10:11	From 40 to 44	12	Male	56	00:12:17	00:01:34	00:40:26	00:01:36	00:14:19
63 Gareth Brady	218	01:10:50	From 40 to 44	13	Male	57	00:13:37	00:01:14	00:38:26	00:01:22	00:16:11
64 David Shanny	157	01:10:53	From 35 to 39	15	Male	58	00:14:53	00:01:23	00:37:00	00:01:38	00:15:59
65 Oisin O Briain	196	01:10:55	From 45 to 49	4	Male	59	00:12:59	00:01:47	00:40:23	00:01:33	00:14:12
66 Stephen Clifford	180	01:10:57	From 30 to 34	11	Male	60	00:13:05	00:00:57	00:40:52	00:01:12	00:14:51
67 Mark Ramsey	126	01:11:29	From 45 to 49	5	Male	61	00:14:15	00:01:05	00:38:19	00:01:15	00:16:35
68 Yannick Chevalier	162	01:11:38	From 55 to 59	3	Male	62	00:13:34	00:01:17	00:40:13	00:01:32	00:15:02
69 Mark O'connor	207	01:11:52	From 40 to 44	14	Male	63	00:14:00	00:01:23	00:38:09	00:01:35	00:16:44
70 Brian O Sullivan	132	01:11:58	From 35 to 39	16	Male	64	00:13:56	00:01:36	00:39:26	00:01:29	00:15:31
71 Richard Barber	202	01:12:28	From 40 to 44	15	Male	65	00:14:38	00:01:38	00:38:50	00:01:22	00:16:01
72 Pat Kirwan	139	01:12:52	From 45 to 49	6	Male	66	00:13:44	00:01:02	00:40:13	00:00:52	00:17:01
73 Ciaran O Laoi	106	01:13:15	From 35 to 39	17	Male	67	00:14:28	00:01:03	00:40:26	00:01:03	00:16:15
74 Sophie Truesdale	123	01:13:24	From 20 to 24	1	Female	7	00:13:26	00:01:14	00:41:43	00:01:05	00:15:57
75 Niamh Cleary	229	01:13:41	From 40 to 44	1	Female	8	00:14:19	00:01:01	00:41:13	00:01:21	00:15:47
76 Ger Bonass	224	01:13:44	From 35 to 39	18	Male	68	00:13:36	00:01:51	00:40:52	00:02:23	00:15:02
77 Mollie Jackson	120	01:13:47	From 16 to 17	1	Female	9	00:14:16	00:01:18	00:40:04	00:01:17	00:16:52
78 Mark O Brien	153	01:13:48	From 40 to 44	16	Male	69	00:13:45	00:01:03	00:41:32	00:01:25	00:16:04
79 Ronan Ferry	210	01:13:54	From 40 to 44	17	Male	70	00:14:06	00:01:41	00:39:54	00:01:29	00:16:44
80 Ava Whelan	118	01:14:04	From 40 to 44	2	Female	10	00:15:17	00:01:04	00:38:47	00:01:32	00:17:25
81 Elizabeth Shouldice	105	01:14:08	From 45 to 49	1	Female	11	00:14:08	00:01:26	00:40:53	00:01:31	00:16:10
82 Nigel Mccullough	130	01:14:10	From 50 to 54	4	Male	71	00:13:59	00:01:21	00:40:58	00:01:29	00:16:23
83 Wilson Mcalister	173	01:14:18	From 60 to 64	2	Male	72	00:13:43	00:00:55	00:41:38	00:01:32	00:16:30
84 Felix Mezo	192	01:14:31	From 25 to 29	4	Male	73	00:13:50	00:00:55	00:42:55	00:00:54	00:15:58
85 Joe Cogan	227	01:14:50	From 45 to 49	7	Male	74	00:13:40	00:01:17	00:42:15	00:01:25	00:16:12
86 Jaagup Repõn	102	01:14:52	From 30 to 34	12	Male	75	00:14:29	00:01:32	00:41:36	00:01:35	00:15:40
87 Corrie Adams	216	01:14:57	From 45 to 49	8	Male	76	00:14:44	00:00:54	00:40:30	00:01:23	00:17:26
88 Ray Cregg	211	01:15:11	From 35 to 39	19	Male	77	00:13:10	00:00:57	00:45:33	00:01:27	00:14:05
89 Chloe Kavanagh	179	01:16:07	From 18 to 19	1	Female	12	00:13:35	00:00:41	00:44:42	00:00:59	00:16:10
90 David Gargan	136	01:16:25	From 50 to 54	5	Male	78	00:13:59	00:01:33	00:44:26	00:01:04	00:15:23
91 Stephen O'connor	228	01:16:44	From 45 to 49	9	Male	79	00:12:23	00:01:28	00:47:32	00:01:06	00:14:16
92 Andy Mcnamara	200	01:17:06	From 30 to 34	13	Male	80	00:14:36	00:01:07	00:43:08	00:01:43	00:16:30

93 Mark Henderson	201	01:17:26	From 45 to 49	10	Male	81	00:14:10	00:01:25	00:43:23	00:01:23	00:17:05
94 Luis Mateos	191	01:17:33	From 30 to 34	14	Male	82	00:14:23	00:02:00	00:43:12	00:01:58	00:16:01
95 Noeleen Mc Carthy	145	01:17:53	From 45 to 49	2	Female	13	00:14:58	00:01:21	00:43:44	00:01:13	00:16:36
96 Joanne Bingham	156	01:18:36	From 60 to 64	1	Female	14	00:15:11	00:00:46	00:44:18	00:00:55	00:17:26
97 Ciaran Tobin	225	01:18:48	From 60 to 64	3	Male	83	00:15:48	00:02:13	00:42:17	00:01:26	00:17:04
98 Amelia Allen	161	01:18:51	From 30 to 34	2	Female	15	00:14:15	00:01:51	00:44:57	00:01:12	00:16:35
99 Clodagh Stapleton	214	01:19:00	From 16 to 17	2	Female	16	00:14:16	00:01:07	00:45:04	00:01:12	00:17:21
100 Alan O'donovan O'donovan	195	01:19:06	From 30 to 34	15	Male	84	00:14:59	00:01:16	00:43:00	00:01:48	00:18:03
101 Joe Dunne	176	01:19:46	From 40 to 44	18	Male	85	00:15:55	00:01:12	00:44:01	00:01:42	00:16:57
102 Lisa Cassidy	177	01:20:04	From 35 to 39	3	Female	17	00:15:15	00:00:49	00:44:31	00:01:17	00:18:11
103 Eoin Clancy	152	01:20:41	From 30 to 34	16	Male	86	00:16:51	00:01:41	00:41:07	00:02:29	00:18:34
104 Karen Kavanagh	178	01:20:54	From 50 to 54	3	Female	18	00:14:19	00:01:11	00:47:12	00:01:26	00:16:47
105 Tom Monnelly	220	01:21:04	From 55 to 59	4	Male	87	00:15:52	00:01:40	00:44:55	00:01:21	00:17:16
106 Gavin Finn	189	01:21:09	From 45 to 49	11	Male	88	00:14:10	00:01:37	00:47:17	00:01:59	00:16:06
107 Javier De Aguilera	194	01:22:14	From 25 to 29	5	Male	89	00:15:11	00:00:58	00:45:45	00:01:02	00:19:19
108 Fiachra Ledwidge	219	01:23:24	From 45 to 49	12	Male	90	00:14:33	00:01:43	00:48:33	00:02:18	00:16:17
109 Stephen Hampson	208	01:23:31	From 55 to 59	5	Male	91	00:17:42	00:01:00	00:45:21	00:01:11	00:18:17
110 Paul Mcgrane	154	01:24:20	From 55 to 59	6	Male	92	00:15:37	00:01:24	00:46:59	00:01:36	00:18:44
111 Marie Staunton	209	01:24:44	From 55 to 59	1	Female	19	00:17:42	00:01:16	00:45:01	00:01:34	00:19:12
112 Eva Mazurova	117	01:25:02	From 30 to 34	3	Female	20	00:15:11	00:01:25	00:49:52	00:01:24	00:17:09
113 Marglida Martinez	193	01:25:27	From 25 to 29	2	Female	21	00:15:26	00:01:08	00:48:47	00:00:53	00:19:13
114 Billy Kennedy	119	01:25:35	From 70 to 74	1	Male	93	00:17:06	00:01:44	00:45:29	00:02:08	00:19:08
115 Tracey Ferry	212	01:25:41	From 40 to 44	3	Female	22	00:15:42	00:01:31	00:49:17	00:01:35	00:17:35
116 Conor Whelan	204	01:26:06	From 30 to 34	17	Male	94	00:15:09	00:01:56	00:49:04	00:00:57	00:19:01
117 David Rigney	167	01:28:54	From 45 to 49	13	Male	95	00:16:42	00:01:28	00:47:20	00:02:00	00:21:24
118 Patricia Eadie	166	01:29:32	From 65 to 69	1	Female	23	00:19:13	00:01:56			00:20:55
119 Helen Beecher	159	01:29:59	From 45 to 49	3	Female	24	00:16:56	00:02:38	00:47:46	00:02:11	00:20:30
120 Gavin Forde	221	01:30:59	From 45 to 49	14	Male	96	00:16:55	00:01:24	00:49:40	00:02:18	00:20:41
121 Fionnuala Dolan	111	01:31:29	From 55 to 59	2	Female	25	00:18:21	00:01:33	00:49:12	00:01:24	00:20:59
122 Anne Kavanagh	155	01:32:24	From 45 to 49	4	Female	26	00:15:54	00:01:07	00:55:37	00:01:05	00:18:41
123 Michelle Maher	122	01:33:30	From 40 to 44	4	Female	27	00:18:25	00:02:23	00:48:25	00:02:10	00:22:07

124 Martina Smith	172 01:34:55 From 50 to 54	4 Female	28 00:16:56 00:01:58 00:54:48 00:01:33 00:19:41
125 Evelyn Fitzpatrick	127 01:37:09 From 45 to 49	5 Female	29 00:18:39 00:01:20 00:53:22 00:02:06 00:21:42
126 Yvonne Galvin	109 01:37:59 From 40 to 44	5 Female	30 00:18:45 00:02:04 00:51:11 00:02:07 00:23:51
127 Jenny O'donovan	198 01:41:35 From 40 to 44	6 Female	31 00:18:47 00:01:13 00:57:37 00:00:58 00:22:59
Rory McMullan	108 From 25 to 29	Male	00:10:39 00:01:01 00:41:15
Eoin Bailey	101 From 40 to 44	Male	00:10:17 00:00:42