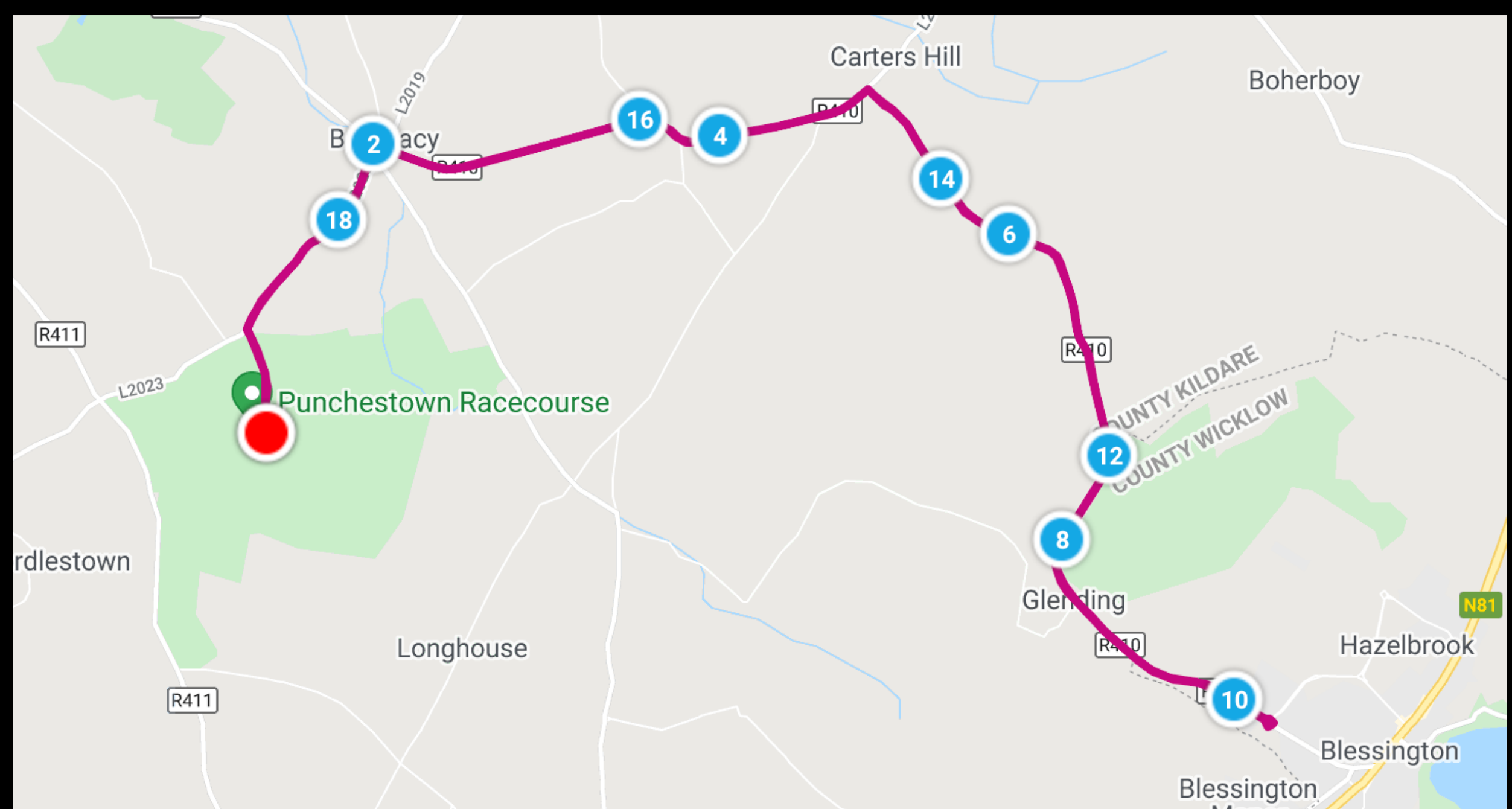




DUATHLON CYCLE ROUTE 20KM



ELEVATION (M)



CLIMB DETAILS

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	CATEGORY	AVG. GRADE	ELEVATION	DISTANCE
01	5	2.0%	GAIN 106 m	LENGTH 5.43 km
02	5	2.3%	GAIN 46 m	LENGTH 2.01 km